

7th-13th December, 2024

First of its Kind: Regional Center of Competence Launched



His Excellency Dr. William Samoei Ruto, President of the Republic of Kenya (Seated Centre) with the Cabinet Secretary, Ministry of ICT and Digital Economy, Dr. Margaret Ndong'u and partners of the Regional Centre of Competence and Timbuktoo; Kenya School of Government, UNDP and Microsoft on the launch of the two projects at Konza Technopolis, on December 6, 2024.

BY SHARON NGINA

The President of the Republic of Kenya, H.E. Dr. William Ruto, today commissioned two UNDP-sponsored projects at Konza Technopolis: the Regional Centre of Competence for Digital and AI Skilling and Timbuktoo.

The Africa Centre of Competence for Digital and AI Skilling is a flagship project hosted by the Kenya School of Government (KSG), Lower Kabete, aimed at accelerating inclusive digital transformation and revolutionizing service delivery in public service across

Africa. This aligns with Kenya's National Digital Master Plan 2022-2032, which envisions a globally competitive digital economy, focusing on infrastructure, digital services, skills, and innovation. The Centre targets to train 300,000 public servants over the next three years.

Timbuktoo, on the other hand, is a GreenTech Hub focused on empowering startups to address climate challenges through Africa-led solutions in renewable energy and sustainability. It will be located at Konza Technopolis. The GreenTech Hub will work towards developing a diverse, blended pipeline of bankable

HIGHLIGHTS

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First of its Kind: Regional Center of Competence Launched



President William Ruto acknowledges KSG Director General, Prof. Nura Mohamed and other dignitaries as he arrives at Konza Technopolis at the launch of the two UNDP Sponsored projects.

green projects to unlock green investment opportunities at scale.

During the launch, President Ruto highlighted the immense value of digital transformation adding that the digitization of government services has significantly streamlined public service delivery, reduced

corruption, and enhanced transparency.

The President reaffirmed his commitment to leveraging sustainable, groundbreaking, and human-centered technology to address the challenges facing the country. He outlined plans for two key initiatives with

transformative potential: the establishment of a Digital Hub in each Ward and a Centre of Excellence in every County. These centers will empower local communities, enhance access to technology, and eliminate barriers to accessing government services.

President Ruto stressed that his government is dedicated to driving change by incorporating innovative technology into public service delivery. "The goal is to enhance governance through smarter, more efficient public services" he said.

He also discussed the country's ambition to establish its own digital data centers, which will ensure greater digital access on a global scale. "By leveraging technology, Kenya aims to tap into the growing green economy, positioning itself as a leader in sustainable development" he added.

The President acknowledged that the Digital Hubs and Centres for Competence complement each other, focusing on increasing access, affordability, and sustainability and representing a significant milestone in Kenya's journey toward full digital transformation.

Dr. Margaret Ndong'u, Cabinet Secretary for the Ministry of Information, Communications, and the Digital Economy, addressed Africa's economic challenges, emphasizing the Continent's role in contributing to sustainable solutions. She



Delegates follow proceedings at the launch.

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underscored the importance of tackling global issues to secure a sustainable future for Africa.

Recognizing Africa as a youthful continent, Dr. Ndung'u highlighted the government's commitment to gender equality, with a focus on ensuring equal opportunities for both men and women. She cited the "Ajira Digital Program," which aims to empower youth and women by delivering impactful digital solutions.

"This initiative marks a significant step toward a sustainable future for Africa, addressing pressing environmental concerns while simultaneously promoting economic opportunities. The sustainable technology measures in place are poised to offer solutions, harnessing the power of technology as a transformative driver" she added.

Mr. Antony Ngororano, UNDP Country Director, spoke to the importance of harnessing the power of technology to unlock Africa's immense potential for innovation; technology can accelerate socio-economic opportunities for all, driving inclusive growth and development across the continent.

He acknowledged government's efforts, stating that this exciting journey toward progress and transformation is made possible by commitment for technological advancement and creating an enabling environment for innovation.

Professor Nura Mohamed, Director General, Kenya School of Government, who was among the dignitaries in attendance looks forward to a time when the Public Service will fully

understand the role of AI in shaping the future of Government operations.

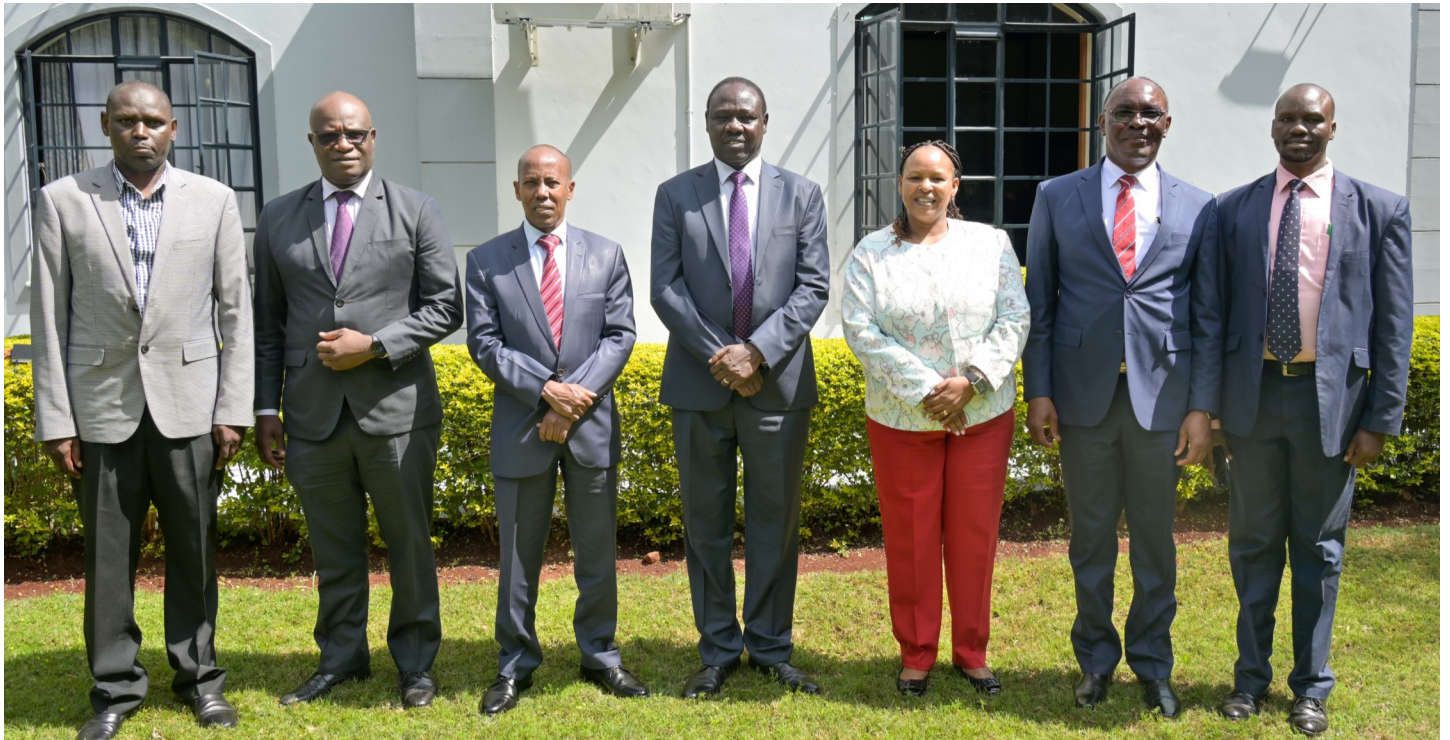
The School has the capacity to operate the Centre that will provide training programs on Digital and AI Skilling and is committed to providing the environment suitable for learning, networking and growth.

By empowering the workforce with the knowledge and skills to navigate this evolving landscape, Investing in training, capacity-building, and knowledge-sharing initiatives is essential to cultivating a new generation of leaders who are equipped to address the multifaceted challenges of governance in the 21st century.



The team from the Kenya School of Government with Anna Nylander and Patrick Wanambisi from UNDP.

KSG and NCTC Bosses Pledge Strengthened Partnership



Officials from KSG and NCTC: Dr. Peter Cheboi, Mr. Kenneth Rono, KSG Director General- Prof. Nura Mohamed, Director NCTC- Mr. Kibiego Kigen, Ms. Mary Omari, and Mr. Humphrey Mokaya - Director SMI.

BY SYLVAN ODIDI, SMI

The Director General of the Kenya School of Government (KSG), Prof. Nura Mohamed, recently met the new Director of the National Counter-Terrorism Centre (NCTC), Mr. Kibiego Kigen.

The visit aimed to strengthen the existing partnership between the two institutions and explore new avenues for collaboration. Accompanying the Director General was Mr. Humphrey Mokaya, Director of the KSG Security Management Institute (SMI).

During the meeting, Mr. Kibiego Kigen expressed gratitude for the longstanding partnership between NCTC and KSG. He highlighted the successful implementation of several capacity-building programs addressing violent extremism and terrorism, which were jointly developed and delivered by the two institutions. The Director commended the contribution of the School in shaping the knowledge, skills, and attitudes of public servants across Kenya, citing

the Diploma in Public Administration as a leading example.

Further, Mr. Kibiego emphasized the significance of community-based interventions in countering violent extremism and radicalization. He called for collaboration between KSG and NCTC to develop and implement such initiatives at the grassroots level, involving community leaders, women, and youth groups.

Prof. Nura Mohamed congratulated Mr. Kibiego on his appointment and reiterated KSG's commitment to strengthening the partnership. He highlighted the success of the four-year collaboration between the two institutions, which has resulted in the development and roll out of innovative curricula, training materials, and capacity-building programs for officers in the national and county governments.

Prof. Mohamed also underscored the importance of the upcoming "Under-the-Trees Series Program," through which the School aims to empower community leaders, including chiefs,

assistant chiefs, village elders, nyumba kumi officials, women, and youth leaders and galvanize their leadership potential. This program aligns with NCTC's focus on grassroots interventions and has the potential to significantly impact national security in the country.

"The focus on local level solutions has the potential to interdict radicalization at the grassroots, thereby enhancing national security and creating a conducive environment for economic development. We are committed as a School to nurture partnership through enhanced local-level capacity building interventions," Prof. Mohamed stressed.

The leaders agreed to expedite the review and rollout of the National Critical Infrastructure Program in 2025, further solidifying their commitment to enhancing national security and resilience.

World Disability Day Celebrations

The International Day of Persons with Disabilities (IDPD) was held at the Kenya School of Government (KSG) with the theme "Amplifying the Leadership of Persons with Disabilities for an Inclusive and Sustainable Future." This day, which is celebrated on December 3rd every year, honors the rights, accomplishments, and difficulties faced by people with disabilities.

Prominent experts, such as Hon. Dennita Ghatti (Gender and Disability Rights Expert) and Ms. Judy Gathoni (Office of the Registrar of Political Parties), participated in a panel on inclusive government and offered their perspectives on enabling leadership among people with disabilities.

KSG Director General Prof. Nura Mohamed stressed throughout his remarks that people with disabilities can be successful managers and leaders. He urged attendees to have confidence in their skills and take advantage of chances, saying, "Inclusive leadership is vital to a sustainable future



Induction Program for PCPB New Recruits: Laying the Groundwork for Public Service Excellence



KSG Matuga Ag. Dr. Florence Kithinji together with Mr. Fredrick Muchiri, Pest Control Products Board CEO (center) alongside new recruits Officers in Matuga Campus.

BY KEFFAS MUTETHIA

KSG Matuga had the privilege of hosting the Induction Program for Newly Hired Staff of the Pest Control Products Board (PCPB), an event that accentuated the significance of preparing recruits for the responsibility they carry in safeguarding public health and the environment.

The event was graced by Mr. Fredrick Muchiri, CEO of PCPB, who is keen on professionalism, growth, and the profound impact of the work of officials in public service.

The Pest Control Products Board (PCPB), established under the Pest Control Products Act, Cap 346, Laws of Kenya, is responsible for regulating the importation, manufacture, and use of pest control products. As Kenya's primary agency for pest

control regulation, PCPB is tasked with ensuring the safe use of these products, minimizing environmental contamination, and protecting public health.

With a vision to be a world-class regulatory agency for pest control products, the Board's mission is clear: to provide efficient regulatory services while ensuring that only safe, effective, and environmentally responsible products reach the market. From overseeing the registration of pesticides to ensuring their safe use and disposal, PCPB's mandate touches every aspect of pest control, ultimately influencing public health, environmental sustainability, and agricultural productivity across the country.

The decision to take employees through early training is not just a procedural

step but a strategic one. As Mr. Muchiri, CEO of PCPB, remarked, "Your work directly impacts the health and safety of Kenyans, which makes it critical that you are prepared from the outset; to be empowering with the tools to navigate the complexities of your roles."

The Board's mandate to regulate and monitor pest control products means that every employee, from the technical team to administrative staff, contribute to the processes are not only efficient but also transparent and safe. With objectives like reducing environmental risks, ensuring safe pesticide use, and maintaining high standards of quality control, PCPB's work demands that all staff members are not only well-versed in the technical aspects of their roles but also align with the organization's core values of integrity, professionalism, and

Induction Program for PCPB New Recruits:

Laying the Groundwork for Public Service Excellence

accountability.

This is where early induction training proves invaluable. Dr. Florence Kithinji, Acting Director of KSG Matuga, rightly puts it that this foundational training helps recruits meet the Board's high standards right from the start. "In public service, we must start with the end in mind," She said. "By focusing on your career legacy early, you align your growth with the broader goals of the institution you serve."

Why Early Training is Essential for Public Service Excellence

Training new recruits early ensures that they not only understand the technicalities of pest control regulation but also internalize the ethical and professional values that define public service. For PCPB, this early training is also about nurturing a sense of responsibility, reinforcing the importance of ethical decision-making, and empowering them to become active contributors to public health and environmental safety.

As Mr. Muchiri pointed out, the impact of the work carried out at PCPB has a direct effect on the environment, human health, and even Kenya's agricultural sector. It is anticipated that the induction program will also embed a deeper sense of purpose and professionalism.

Moreover, training early allows recruits to adapt quickly to the challenges of the public sector. From understanding the complexities of regulatory frameworks to implementing best

"Your work directly impacts the health and safety of Kenyans, which makes it critical that you are prepared from the outset; to be empowering with the tools to navigate the complexities of your roles."

Mr. Fredrick Muchiri,

practices in pesticide use, the recruits are better prepared to handle the diverse tasks expected of them.

Building a Strong Foundation for Future Success

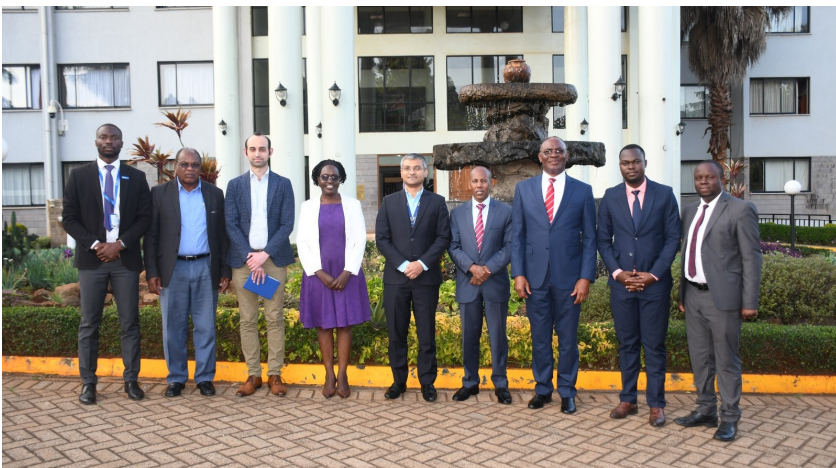
As the new recruits prepared to embark on their careers at PCPB, it is hoped that they have left the Induction Program not just with technical knowledge, but with a renewed sense of purpose and commitment to the core values that define public service excellence.

In public service, success is built on trust, and for the recruits at PCPB, that trust is cultivated through early training, a clear understanding of mandate, and a commitment to lifelong learning. As Dr. Kithinji rightly put it, "Think of your exit from the start. Have a clear set of values that guide you every day, and you will leave a legacy of excellence."



Pest Control Products Board (PCPB), new recruits during their Induction Course in Matuga Campus.

IOM and KSG Prepare for Partnership



Delegates from IOM paid a courtesy visit to the Director General of KSG Prof. Nura Mohammed to reflect on how the two institutions can enter into a long-term collaboration for about 3 years.

IOM Kenya and KSG have had partnerships in several programs that have been run by the Security Management Institute (SMI). Also present at the meeting was Mr. Humphrey Mokaya, the Director of (SMI) and Dr. Prisca Oluoch, Director of Linkages and Collaboration.

Meet Jane Ingasia Givondo: A Dedicated Staff Member of the School



Ms. Jane Ingasia Givondo

Jane Ingasia Givondo is a long-serving and dedicated staff of the Kenya School of Government Lower Kabete. She began her journey at the School in 2004, as a casual worker in the Housekeeping Department. A

year later, in 2005, Jane's dedication was recognized when she received a formal appointment to the Administration Department as a groundskeeper.

For the past 24 years, Jane has been a steadfast presence at KSG, ensuring the School compound is clean and well-maintained. She describes her work as enjoyable and takes pride in her punctuality and commitment to her duties.

Indeed, Jane has remained resilient, refusing to let obstacles hinder her performance. Her unwavering dedication has set a standard for excellence and

perseverance in public service.

She offers valuable advice to young people aspiring to join the public sector: to remain dedicated and avoid being selective about the kind of work they undertake. Her story is a testament to the rewards of hard work, resilience, and an unwavering sense of duty.



Planning for EAC Inter-Parliamentary Games 2024 Underway in Mombasa



Members of the Joint Planning Committee for the East African Community (EAC) Inter-Parliamentary Games 2024 convening at the Kenya School of Government (KSG) Mombasa Campus.

BY GLENN LUMITI

The Joint Planning Committee for the highly anticipated East African Community (EAC) Inter-Parliamentary Games 2024 is currently convening at the Kenya School of Government (KSG) Mombasa Campus. This gathering brings together key representatives from the East African Legislative Assembly (EALA) as well as from the Parliaments of the EAC region. Among the participants is the Bunge Sports Club of the Parliament of Kenya, playing a central role in the preparation process.

The committee's focus is to finalize the logistics, operations, and sports arrangements for the 14th Edition of the EAC Inter-Parliamentary Games, which will be held in Mombasa, from December 7th to 18th, 2024. This marks an important moment for East Africa, as the games promote regional unity, cooperation, and

camaraderie among parliamentarians through sporting events.

The EAC Inter-Parliamentary Games have become a celebrated tradition within the region, providing a platform for lawmakers to interact outside the legislative chambers encouraging cross-border solidarity. The 2024 edition promises to build on the success of previous games, with an expanded focus on inclusivity and community engagement.

During the planning session at KSG Mombasa, the committee has been reviewing the final arrangements for the event, including the selection of sports disciplines, the logistics of hosting participants from all member states, and the coordination of the ceremony. The games will feature a variety of sports, with lawmakers from Kenya, Uganda, Tanzania, Rwanda, Burundi, and South Sudan set to participate.

One of the key highlights of the upcoming edition of the games is the promotion of gender equality and the inclusion of

female athletes. The planning committee is prioritizing creating an environment where both men and women can compete on equal footing, reflecting the EAC's commitment to gender empowerment and equality in all spheres of society.

As the event approaches, the final stages of preparation will include outreach and engagement with the local community, ensuring that the games are not only an event for parliamentarians but a celebration for all of Mombasa and the wider East African region.

As the planning committee continues its work at KSG Mombasa Campus, all eyes are now focused on ensuring that this year's games will be a resounding success. The event promises to be an unforgettable occasion, marking a further strengthening of the bonds between the nations of East Africa and showcasing the region's commitment to unity, sport, and good governance.

The impact of our food choices on health and wellbeing



Elizabeth Kilelo
Research Assistant
Kenya School of Government

Our daily food choices have a profound impact on our physical, mental, and emotional health. The nutrients and calories we consume provide the foundation for the body's functioning, influencing everything from energy levels and immune defense to mood regulation and cognitive function. Nutrients are chemical compounds in food that are used by the body to function properly and maintain health. These include proteins, fats, carbohydrates, vitamins, and minerals. A calorie is a unit of measurement or energy but it does not measure weight or length. For example 1 medium ripe banana contains 100 calories, and that is the amount of energy the body gets from eating it.

Ms. Elizabeth Kilelo brings to us a two part series on how food choices affect our overall health and wellbeing, highlighting the importance of balanced nutrition and mindful eating.

1. Physical Health

The most immediate and visible effects of food intake are often seen in physical health. A diet rich in essential nutrients: Macronutrients (carbohydrates, proteins, fats), fiber and Micronutrients (vitamins, minerals) supports bodily functions and protects against chronic diseases. Here's how specific food groups contribute to physical wellbeing:

Macronutrients and Energy:

Carbohydrates, proteins, and fats are the primary sources of energy for the body. Complex carbohydrates, such as whole grains, vegetables, and fruits, provide long-lasting energy and promote stable blood sugar levels. Proteins, found in meat, legumes, and dairy, are crucial for muscle repair, immune function, and hormone production. Healthy fats from sources like avocados, nuts, and fish are important for brain function, cell repair, and absorption of fat-soluble vitamins.

Micronutrients and Disease Prevention:

Micronutrients,

including vitamins and minerals, play key roles in maintaining health. For example, vitamin C supports immune health and skin integrity, while calcium and vitamin D are essential for strong bones. Iron helps transport oxygen in the blood, and antioxidants from fruits and vegetables protect the body from oxidative stress. Adequate intake of these nutrients reduces the risk of deficiencies and chronic conditions such as heart disease, osteoporosis, and anemia.

Gut Health and Digestion: A healthy gut is foundational to overall health, as it influences immunity, digestion, and even mood. Fiber-rich foods, such as fruits, vegetables, legumes, and whole grains, promote digestive health by aiding regular bowel movements and supporting the growth of beneficial gut bacteria. A balanced microbiome is linked to improved digestion, a stronger immune system, and reduced inflammation.

2. Mental and Emotional Wellbeing

Food choices also have a



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The impact of our food choices on health and wellbeing

profound impact on mental and emotional wellbeing. The brain is highly sensitive to the nutrients we consume, and what we eat can affect mood, cognition, and even mental health disorders.

Mood Regulation: The link between diet and mood is complex but well-established. Consuming a balanced diet helps regulate hormones and neurotransmitters, including serotonin, dopamine, and cortisol, which play critical roles in mood and stress response. For instance, omega-3 fatty acids found in fatty fish like salmon and nuts have been shown to reduce symptoms of depression and anxiety. Likewise, foods rich in antioxidants, such as berries and leafy greens, help protect the brain from oxidative stress, which can contribute to cognitive decline.

Cognitive Function: Nutrition directly affects cognitive performance. B vitamins, particularly folate, vitamin B12,



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and vitamin B6, are involved in brain function and memory. A deficiency in these nutrients can impair cognition and increase the risk of neurodegenerative diseases such as Alzheimer's. Furthermore, omega-3 fatty acids are essential for maintaining brain structure and enhancing learning and memory.

Gut-Brain Connection: There is growing evidence of the gut-brain connection, where the state of the gut microbiome influences mental health. A diverse and healthy gut

microbiota is linked to lower rates of depression, anxiety, and other mood disorders. Fermented foods like yogurt and Mala contain probiotics that help balance gut bacteria and promote mental health.

Next week, we delve into how food choices not only affect immediate energy levels and mood but also have long-term implications for the development of chronic diseases.



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KSh. 132,288 (Non-Residential)
- 📍 Lower Kabete Campus

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KSG Contributes to Road Safety Initiatives

BY CHRISTIN RWAMBA

According to the 2023 economic survey, a total of 3,709 lives were lost by December 2023 on our roads. This statistic reflects a concerning trend, as 4,690 deaths were reported in 2022, compared to 4,579 in 2021—an increase of 111 fatalities and a rise of 2.4 per cent. In light of these alarming figures, the Director of KSG Embu Campus, Dr. Ann Kang'ethe organized a meeting on Thursday, December 5, 2024. This gathering brought together key stakeholders from the transport sector, including representatives from SACCOS, matatu operators, and other relevant organizations. The primary focus of the meeting was to raise awareness about essential road safety measures, aiming to enhance safety standards within the community.

In this meeting, Dr. Kang'ethe emphasized the importance of collaboration between the Kenya School of Government and transport stakeholders to improve both road safety and service quality. Plans were laid down to organize a dedicated training day for drivers and conductors.

This training will centre on several key areas, including financial literacy; road etiquette to promote safe and respectful behavior on the roads; and grooming and customer service skills, to ensure that transport staff present themselves professionally and offer positive experience to passengers.

Additionally, the participants were encouraged to deliberate on the

specific responsibilities each stakeholder would undertake to ensure the success of this initiative. By clearly defining roles and encouraging collaborative efforts, the attendees aimed for an effective and comprehensive approach to improving road safety and service quality within the transport sector.

Mr. Abdulhakim Noor, from the National Transport and Safety Authority, emphasized the shared responsibility of road safety. "The Government will do everything in its power to spread awareness, but without the involvement of everyone, drivers and conductors included, our efforts will not succeed. We encourage everyone to actively participate."

Mr. Noor further highlighted the impact of road accidents, "The statistics are heartbreaking. These numbers reflect not just fatalities, but also the many who are injured or who suffer lifelong effects from accidents. It is a sad reality that many others die later from injuries sustained in accidents."

It is critical to prioritize road safety, particularly during the festive season when traffic tends to increase significantly; a period that often involves more travelers, in both private and public transportation, as people attend holiday events.

Implementation of measures such as increased awareness campaigns, stricter enforcement of traffic laws, and encouraging safe driving practices, can help reduce accidents. All road users; drivers, pedestrians, and cyclists, must remain vigilant and considerate to promote a safer driving environment for everyone.

Chris Mseki, Manager from Stima SACCO, remarked, "Accidents are a pressing issue, and they cannot be ignored. Every day, we hear of lives lost through accidents. I fully support this initiative. It is a great initiative by the School. We would also welcome participation from other investors, whether through training or other means. This could be a significant step toward alleviating some of these problems."

Mr. Kikoito, representing the County Commissioner's Office, expressed his support for the initiative, stating, "This noble cause addresses a longstanding issue in our community and the country. The Ministry of the Interior has been working tirelessly on this matter. However, we face a challenge in convincing drivers and conductors to attend these sensitization sessions, as many of them work daily and may find it difficult to attend a full-day session and miss out on their wages."

At the meeting, representatives from various local matatu SACCOS present, including members from Neno SACCO, known for its extensive routes and reliable service, and Emakiga SACCO, which has gained a reputation for its community-focused approach. Their participation highlighted the importance of collaboration within the public transport sector.

Lower Kabete staff plant trees in Kajiado County



Staff of Lower Kabete take part in a tree planting exercise in Natala Ranch, Isinya (Kisaju area), Kajiado County on December 6, 2024.

This initiative is part of the National Tree Growing and Restoration Campaign, which aims to plant 15 billion trees by 2032 to combat deforestation and restore degraded landscapes.

Huduma Mombasa vs KSG



The Huduma Mombasa Staff and KSG Mombasa Soccer Friendly match took place at the Ronald Ngala Grounds, bringing together employees from both organizations for a spirited competition. The event was an excellent opportunity for staff members to bond outside of their professional roles, promoting teamwork. The match saw an enthusiastic turnout, with both teams showcasing their skills and sportsmanship. The friendly game not only provided a fun-filled atmosphere but also emphasized the importance of physical activity and collaboration among colleagues, fostering a sense of unity and friendly rivalry between the two teams.



40 Years of HIV/AIDS: A Journey of Resilience and Hope

BY DENIS MORISON

As Kenya marks 40 years since the first case of HIV/AIDS was reported, the nation reflects on a journey that has been both challenging and inspiring. This offers an opportunity not only to remember those who have lost their lives to the disease but also to celebrate the incredible progress made in the fight against HIV/AIDS renewing the nation's commitment to end the illness.

The story of HIV/AIDS in Kenya began in 1984, when the first case was reported. It was a time of fear and uncertainty, as the country grappled with the spread of the virus and its devastating impact. By the 1990s, HIV/AIDS had reached epidemic levels, claiming lives and leaving families and communities shattered. The lack of understanding about the virus only fueled widespread stigma and discrimination against those infected and affected, making the fight even more challenging.

However, Kenya's response to HIV/AIDS has been nothing short of extraordinary. In 1999, the establishment of the National AIDS Control Council (NACC) marked the beginning of a coordinated national approach to combat the epidemic. Public health campaigns ignited conversations, challenged stigma, and promoted safer sexual practices, bringing the issue of HIV/AIDS into the public discourse in a way that had never been done before.

One of the game changers in the fight against HIV/AIDS in Kenya was the introduction of antiretroviral therapy (ART). ART transformed HIV from a fatal

disease to a manageable chronic condition. With government support and international partnerships, ART became widely available, significantly improving the quality of life for those living with HIV. Since then, over 1.4 million Kenyans have received life-saving treatment, contributing to a dramatic reduction in AIDS-related deaths.

Public health campaigns have been crucial in educating the population about HIV transmission, prevention, and treatment. Schools and community programs have played an instrumental role in reducing stigma and promoting acceptance and support for people living with HIV. The message that HIV is no longer a death sentence but a manageable condition has been key to empowering individuals and communities to seek treatment and live healthy, fulfilling lives.

Kenya's progress in the fight against HIV/AIDS is also evident in its prevention efforts. Initiatives such as the distribution of contraception, voluntary medical male snipping, and mother-to-child transmission prevention programs have contributed to a steady decline in new infections. These have particularly targeted key populations, including young people and high-risk groups, who are most vulnerable to the virus.

The country's leadership in HIV research has also positioned Kenya at the forefront of the fight against the disease. Through participation in numerous studies and clinical trials, Kenya has promoted better understanding of HIV and contributed to the development of effective interventions. This has solidified the country's reputation as a leader in HIV research within

Africa, providing valuable insights that can be applied across the continent.

Despite these successes, challenges persist. In places such as rural areas and among marginalized communities, dishonor and discrimination continue to be significant barriers to accessing services. Certain groups, such as young women and key populations like sex workers and those with questionable orientation, remain disproportionately affected by the disease. Moreover, fluctuating international donor support has highlighted the need for sustainable financing mechanisms to ensure the continuity of HIV programs.

The road ahead remains challenging, but Kenya's resilience in the face of HIV/AIDS gives hope for an AIDS-free generation. The country's achievements demonstrate that with political will, innovation, continued research, community involvement, and sustained investment, significant progress can be made.

As Kenya joined the world in observing World AIDS Day this month, it was a moment to honor lives lost, acknowledge remarkable achievements, and renew the commitment to ensuring that future generations live free from HIV/AIDS. This anniversary is not only about looking back but also about forging ahead with recharged energy, unity, and the knowledge that an AIDS-free future is within reach.

Leadership Lesson

Unleashing Organizational Potential Through Leadership Development

The single biggest way to impact an organization is to focus on leadership development. There is almost no limit to the potential of an organization that recruits good people, raises them up as leaders and continually develops them."

-John Maxwell

Have your say



Allen Alex Mugambi

Hapa nilipigwa induction moja safi wakati ye2.

Chakula nayo washaaaana 🙌.

Environment ya Kabarnet nayo 🙌

It was a home away frm hm.

Thumbs up and salute yu.

[See translation](#)

Humour

December 26 - December 30

📅 @YEAHITSCHILL



Word of the Week

Isaiah 40:31

But those who hope in the LORD will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.

Baringo Campus

Public Sectors Finance Management	18th November - 13th December, 2024
Diploma in Public Administration (cohort 2)	30th September - 20th December, 2024
Public Procurement and Contract Management Course for Practitioners	9th-20th December, 2024
Senior Management Course No. 198/2024 (Online)	7th October -13 December,2024
Hand in Hand Eastern Africa Workshop	10th December 2024

Embu Campus

Diploma in Social Work No. DSW 44/23	6th March - 7th March, 2025
Social Risk & Impact Management Course	9th -13th December, 2024
Senior Management Course Online SMC No. 225/2024	14th October - 13th December, 2024
Diploma in Public Administration (Ministry of Interior)	30th September - 30th December, 2024
Senior Management Course No. SMC227/2024)	18th November - 13th December, 2024
Supervisory Skills Development Course Online (Ministry of Lands)	18th November - 13th December, 2024
Public Relations & Customer Course Online (Ministry of Lands)	18th November - 13th December, 2024

Matuga Campus

Strategic Leadership Development Program No. 448/2024	14th October - 20th December, 2024
Senior Management Course Online No.131/2024	14th October - 20th December, 2024
Diploma in Public Administration No. 2/2024	30th September, 2024 - 20th December, 2024
Supervisory Skills Development Course No. 21/2024	25th November - 20th December, 2024

Lower Kabete

Records Management Course	25th November – 13th December, 2024
Diploma in Public Administration (Ministry of Interior – SMI)	30th September – 20th December, 2024
Senior Management Course (No.429/2024)	18th November - December 13th, 2024
Strategic Leadership Development Program (No.451/2024)	4th November – December 13th, 2024
Senior Management Course (No.427/2024)	14th October – 13th December, 2024
Strategic Leadership Development Program (No. 446/2024)	7th October – 13th December, 2024
2nd Health Sector Intergovernmental Consultative Forum (USAID)	10th-11th December, 2024
National Steering Committee Reforms Co-ordination Secretariat (Tetra Tech)	9th-10th December ,2024
Training of Trainers	2nd-13th December, 2024
Supervisory Skills Development Course	2nd-13th December, 2024
Grants Management & Administration Program	9th-13th December, 2024
National Govt Affirmative Action Fund	7th December, 2024
Launch of Strategic Plan State Department for Parliamentary Affairs	11th December, 2024
Official Launch of NPS Strategic Plan 2023-2027 (Tetra Tech)	13th December, 2024

Mombasa Campus

Strategic Leadership Development Program No. 445/2024	7th October - 13th December 2024
Supervisory Skills Development Course	2nd- 13th December,2024
Result based Monitoring & Evaluation	2nd- 13th December,2024
Diploma in Public Administration	20th May – 28th November,2024
Management Course for Office Administrators	18th November-13th December 2024
Strategic Leadership Development Program No. 445/2024	4th November – 13th December,2024
Diploma in Public Administration	30th September 2024 - March,2025
Strategic Leadership Development Program No. 445/2024	7th October – 13th December 2024
Arusha /Tazania Workshop	9th - 14th December,2024
Parliament of Kenya the senate Workshop	7th - 17th December,2024
Seventh day Adventist Workshop	13th -15th December,2024
Faith Evangelistic Ministry	12th - 17th December,2024

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